

The Tao Of Inner Peace Diane Dreher

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The Tao Of Inner Peace

The Tao te Ching was written around 600 B.C. to inspire people to seek the path to peace within themselves, with others, and with nature. There are beautiful translations from the Tao te Ching in this book, accompanied by ways to associate its knowledge with things that take place in the modern world.

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The Tao of Inner Peace The Tao of Inner Peace demystifies the Tao and reveals how it can be a powerful source of growth and inspiration--an indispensable tool for facing the challenges of the 21st century. ISBN: 0-452-28199-7

Diane Dreher - The Tao of Inner Peace

The Tao te Ching was written around 600 B.C. to inspire people to seek the path to peace within themselves, with others, and with nature. There are beautiful translations from the Tao te Ching in this book, accompanied by ways to associate its knowledge with things that take place in the modern world.

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So back to the question about finding inner peace. Taoism teaches this: Inner Peace can be discovered when understanding many questions are asking about Inner Truth. Inner Peace is a matter of accepting your life as an answer towards questions of Inner Truth. Discovering Acceptance. Taoism teaches: The past is just, the past, long gone and passed on by.

How to Find Inner Peace - The Complete Inner Peace Guide

Tao of Inner Peace. We live in a world out of balance, challenged by economic insecurity, environmental threats, political upheaval, and the escalating stress of daily life. If you're feeling confused and anxious, you're not alone.

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It explores the teachings of the Chinese book, the Tao te Ching, (the second most translated book in history, after the Bible). The Tao te Ching was written around 600 B.C. to inspire people to seek the path to peace within themselves, with others, and with nature.

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Written in workbook style, complete with exercises, questionnaires, journal-keeping techniques, and affirmations, The Tao of Inner Peace translates the ancient Eastern philosophy into a plan for contemporary Western living. Diane Dreher, Ph.D., shows the way to: * Bring greater joy, fulfillment, and creativity to daily life

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Diane Dreher - Welcome to My Website

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