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In *Serve to Win*, Djokovic recounts how he survived the bombing of Belgrade, Serbia, rising from a war-torn childhood to the top tier of his sport. While Djokovic loved and craved bread and pasta, and especially the pizza at his family's restaurant, his body simply couldn't process wheat.

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Novak Djokovic reveals the gluten-free diet and fitness plan that transformed his health and pushed him to the pinnacle. In 2011, Novak Djokovic had what sportswriters called the greatest single season ever by a professional tennis player: He won ten titles, three Grand Slams, and forty-three consecutive matches. Remarkably, less

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Djokovic, Novak, author. New York : Zink Ink, 2013. Format: Ebook. Description: 1 online resource (xxviii, 161 pages)

Novak Djokovic reveals the gluten-free diet and fitness plan that transformed his health and pushed him to the pinnacle.

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