

Performance Breakthrough A Radical Approach To Success At Work

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Performance Breakthrough A Radical Approach

In Performance Breakthrough, Cathy Salit presents the revolutionary strategies that she's proven successful through over twenty years' experience custom-creating workshops for powerhouse clients including American Express, Nike, Coca-Cola, and DIRECTV. Artfully blending techniques from theatrical performance with the new science of performative psychology, Salit guides readers through forging new relationships guaranteed to yield greater success and satisfaction.

Performance Breakthrough: A Radical Approach to Success at ...

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Amazon.com: Performance Breakthrough: A Radical Approach ...

Performance Breakthrough outlines proven techniques, including taking an emotional inventory; crafting new scripts for greater confidence, stronger relationships, and better outcomes; building ensembles; improvising; and listening--really listening--including accepting others' criticism and input.

Performance Breakthrough: A Radical Approach to Success at ...

Performance Breakthrough: A Radical Approach to Success at Work by Cathy Rose Salit. Goodreads helps you keep track of books you want to read. Start by marking "Performance Breakthrough: A Radical Approach to Success at Work" as Want to Read. Want to Read. saving....

Performance Breakthrough: A Radical Approach to Success at ...

Cathy Salit's (2016) Performance Breakthrough: A Radical Approach to Success at Work is a guide to embracing the need for changing one's persona continuously in order to perform to the highest level. Salit purposefully uses the term "perform" to convey that in order to grow and develop as not only a professional but also an individual, it is important to embody the uncomfortable and act in a way that may be out of the norm (p. 9).

Performance Breakthrough: A Radical Approach to Success at ...

Cathy Salit provides us with tools to keep growing, and teaches us how to take on new roles and mindsets as individuals and organizations. Performance Breakthrough: A Radical Approach to Success at Work by Cathy Salit, Hachette Books, 272 pages, \$27.00, April 2016, ISBN 9780316382489. Performance Breakthrough begins with what I think is an inarguable statement: "Meryl Streep is amazing."

Performance Breakthrough: A Radical Approach to Success at ...

Performance Breakthrough: A Radical Approach to Success at Work By Dylan Schleicher Cathy Salit provides us with tools to keep growing, and teaches us how to take on new roles and mindsets as individuals and organizations.

Performance Breakthrough: A Radical Approach to Success at ...

In Performance Breakthrough Cathy Salit presents the revolutionary approach to learning and growing that she and her company Performance of a Lifetime have been using for twenty years to help American Express, Nike, Pfizer, the United States Olympic Committee, PwC, 3M, and Chanel, among a Who's Who of other brand name clients.

Cathy Salit - Performance Breakthrough: A Radical Approach ...

I was fortunate, recently, to chat with the inimitable Cathy Salit, consultant, CEO, former actor and singer, high-school dropout, and author of the just-published book Performance Breakthrough, A...

Performance Breakthroughs With Cathy Salit

Performance Breakthrough presents the full methodology, to help you hone your listening, relationship and communication skills; recognize and act on opportunities; build healthy working relationships; and grow as a leader. No matter what the challenge, this combination of case studies and practical exercises will help you realize your potential and deliver your own top performance.

Performance Breakthrough Book - Performance of a Lifetime ...

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Performance Breakthrough: A Radical Approach to Success at ...

Buy Performance Breakthrough: A Radical Approach to Success at Work by Salit, Cathy Rose (ISBN: 9780316382489) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Performance Breakthrough: A Radical Approach To Success At ...

Established in 1996 in NYC, we're human development experts who have readied thousands of leaders across the globe to drive change, using the art and science of improvisation, performance and play. >>GET IN TOUCH!

Home Page - Performance of a Lifetime | Leadership Training

Cathy Salit Performance Breakthrough Cathy Salit is the author of Performance Breakthrough: A Radical Approach to Success at Work, and the CEO and founder of Performance of a Lifetime, a consulting...

Cathy Salit Performance Breakthrough - Inc.com

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Performance Breakthrough: A Radical Approach to Success at ...

Cathy Salit is the author of "Performance Breakthrough: A Radical Approach to Success at Work," in which she presents her revolutionary approach to learning and growing. She has worked with leading companies like Coke, American Express and others to drive this exciting new approach.

How to Achieve Performance Breakthrough: A Radical ...

Now, with Performance Breakthrough: A Radical Approach to Success at Work, Salit's powerful and practical methodology and tools can be yours. Whether you're navigating your way on a new team, expanding your leadership role, or just trying to get heard in a meeting, you're facing the

Performance breakthrough : a radical approach to success ...

Through her acclaimed book Performance Breakthrough: A Radical Approach to Success at Work and as CEO of Performance of a Lifetime, an Inc. 5000 Fastest-Growing Company, Cathy Salit has helped teams, organizations, and thousands of individuals achieve breakthroughs in their performances in the workplace.